



Advocacy & Services for LGBT Elders

We refuse to be invisible®

## SAGE Centers Virtual and Telephone-based Programs Week of Monday, May 16, 2022 – Sunday, May 22, 2022

**Please note:** SAGE programming is for registered DFTA participants aged 60 or above, living in New York City. If you are over 60 years old **and** not a registered participant at a SAGE senior center, please contact us at [info@sageusa.org](mailto:info@sageusa.org) for a registration form. If you are a SAGE Center member, please sign-up for a program by

[clicking here](#)

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**Monday, May 16, 2022** – Sign-up for programs online by

\*Registration required

11am-2pm	Benefits w/ Rain	Edie Windsor SAGE Center
12-1pm	Tai Chi w/ Jana	Edie Windsor SAGE Center
1 - 2pm	Tea-Time Concerts in Jazz	GRIOT Circle
2-3:30pm	Meditative Art (hybrid)	SAGE Center Harlem
2-3pm	Book Club (full)	GRIOT Circle
2-3pm	Mind, Body, and Soul (Full)	SAGE Center Bronx
2-4:30pm	Monday Movie Matinee: Pete Seeger: The Power of the Song (2007)	SAGE Center Bronx
3-4pm	L Group (Full)	SAGE Center Bronx
3:15-4:15	Spanish 201 (full)	Edie Windsor SAGE Center
3:30-5pm	Invisible Disabilities	Edie Windsor SAGE Center
4:30 - 6pm	Virtual Parlor Games	GRIOT Circle
5-6:30pm	HIV Long-Term Survivor Group (full)	Edie Windsor SAGE Center
6:15-7:15 pm	Meditative Movement in Spanish	SAGE Center Bronx
6:15-7:45pm	*Caregiving Support Group (full)	SAGE Care Management
6:30-8pm	*Trans Women’s Group	Edie Windsor SAGE Center
8:45-9:45pm	Meditation w/ Madhu	Edie Windsor SAGE Center



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**Tuesday, May 17, 2022** – Sign-up for programs online by

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10-11am	Coffee Talk: A Morning Chat Group	SAGE Center Bronx
11am – 12:30pm	Fuse Jewelry Making	GRIOT Circle
11:30a-12:30p	Flex and Flow with Tina Redwood (online and in-person)	SAGE Center Harlem
12-1pm	The Story of Us-A Memoir Class	SAGE Center Harlem
12:30-1:30pm	Feldenkrais w/Frederick	Edie Windsor SAGE Center
1-2pm	Just Say Yes to Nutrition	GRIOT Circle
2-3pm	Ella’s Cooking Corner	SAGE Center Harlem
2-3pm	Spanish Intermediate	GRIOT Circle
3pm-4pm	The Rainbow Connection	SAGE Pride Center of SI
3-4:30pm	Creative Writing w/ Lujira	Edie Windsor SAGE Center
4-5pm	Gentle Yoga w/ Yukari	Edie Windsor SAGE Center
4pm-6pm	Intergenerational LGBTQ+ Watch Party	SAGE Pride Center of SI
4-5pm	Trending Tuesdays	SAGE Center Harlem
4-5:30pm	Stonewall House Tenants Social Club	SAGE Center Stonewall
6:30-7:30pm	Dance Exercise w/ Simone	Edie Windsor SAGE Center
6-7:30pm	Tuesday Women’s Discussion Group	Edie Windsor SAGE Center



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Wednesday, May 18, 2022 - Sign-up for programs online by

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10-11:30am	Golden Rainbow @ Historic Richmondtown	SAGE Pride Center of SI
10-10:45am	Wednesday Morning Meditation with Rafaela	SAGE Center Harlem
10:30-11:30am	Caribbean Movement w/ Kendra	GRIOT Circle
11:30am-1pm	Virtual Art Crit (new title for Mixed Media Group)	Edie Windsor SAGE Center
11:45am-12:30pm	Yarn Bomb @ Historic Richmondtown	SAGE Pride Center of SI
12:30-1:15pm	Jazzercise- a fusion of exercise	SAGE Center Bronx
1:30-3pm	Yoga & Meditation w/ Yitzy	Edie Windsor SAGE Center
1:30 – 2:30pm	Spanish 101	GRIOT Circle
2-3:30pm	Virtual Men’s Sexual Health	GRIOT Circle
2-3:30pm	Meditative Art with Rafaela	SAGE Center Harlem
2-3:00PM	Tai Chi Exercise Class with Jana	SAGE Center Stonewall
3-5pm	*New York Writer's Coalition Workshop (full)	Edie Windsor SAGE Center
4-5pm	Black Lives Matter Advocacy Group	SAGE Center Stonewall
5-6pm	Theological Reflection	SAGE Center Harlem
5-6pm	POC Trans Social	GRIOT Circle
6-7:30pm	Masculine-Identified Lesbians of Color Collective (hybrid group)	SAGE Center Harlem
6-8pm	Dinner and a Movie: The Lost City (2022)	SAGE Center Bronx



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**Thursday, May 19, 2022** - Sign-up for programs online by

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11-1pm	In-Person Woodcarving (full)	GRIOT Circle
12-1pm	LGBT Intergenerational Discussion Group (Hybrid)	SAGE Center Bronx
1-2pm	Dancing with Derrick (exercise and dance class)	SAGE Center Bronx
1-2pm	Women’s Group* (online and in-person)	SAGE Center Harlem
1-2:30pm	Pen to Power: Playwriting Group	SAGE Center Stonewall
1:30-3:30pm	Ageless SAGERS in Conversation	Edie Windsor SAGE Center
2 – 3:30pm	In Person Men’s Group	GRIOT Circle
2:30-3:30	Color & Chat	SAGE Center Bronx
3:00-4:00PM	MLK Celebration/ discussion* (Online and in person)	SAGE Center Brooklyn
3-4pm	Women’s Group -Mind, Body & Soul Discussion	GRIOT Circle
3:30-5pm	Women’s Dialogue (full)	Edie Windsor SAGE Center
4-5pm	Let’s Talk Vegetables	Edie Windsor SAGE Center
4:00-6:30p	Soul of Song: <i>Miles Ahead (2016)</i>	SAGE Center Harlem
4-5pm	LGBTQ+ Grief, Loss and Bereavement Support Group (full)	GRIOT Circle
5-6pm	Intergenerational Foodie Watch Party	SAGE Pride Center of SI
5-6:30pm	Intergenerational Social Writing Party w/ The Generations Project	Edie Windsor SAGE Center
6:15-7:45pm	Men's Discussion	Edie Windsor SAGE Center

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6pm-7pm	Transgender Community Social with Tanya	SAGE Center Stonewall
7-9pm	Jueves de Pelicula: <i>Kika</i> , Spain- Audio in Spanish with English Subtitles (1993)	SAGE Puerto Rico and SAGE Center Bronx
7pm-8pm	Resilience Building & Self Care for Transgender Community	SAGE Center Stonewall

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**Friday, May 20, 2022** - Sign-up for programs online by

\*Registration required

10:45-11:30	Men's group	SAGE Center Bronx
11:30am-1pm	Drawing Group	Edie Windsor SAGE Center
11:30am – 1pm	Meditative Art	GRIOT Circle
12-1pm	Afro-Brazilian Dance w/ Maria	Edie Windsor SAGE Center
12-1:30pm	Lunchtime with Chef Wilson- Nutrition Cooking Class	SAGE Center Bronx and SAGE Center Stonewall
1-2pm	Spanish 101 (full)	Edie Windsor SAGE Center
1-2pm	Broadway Encore	Edie Windsor SAGE Center
1-2:30pm	Out Loud Art Programming	SAGE Center Stonewall
2-3pm	Concerts in Motion Jazz Motown	GRIOT Circle
2-3pm	SAGEVets	Edie Windsor SAGE Center
2-3pm	America's Burning: A discussion on inequality, oppression, and social injustice through the lens of the current BLM movement.	SAGE Center Bronx
2-4pm	Men's Group (online and in-person)	SAGE Center Harlem
2- 3pm	Friday Watch Party	SAGE Pride Center of SI



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3-4pm	Mason Jar Craft	SAGE Pride Center of SI
3-4pm	Spanish 301 (full)	Edie Windsor SAGE Center
3:15-4:15pm	Feldenkrais w/ Frederick	Edie Windsor SAGE Center
3-4pm	Women’s History Group	SAGE Center Stonewall
4:30-6pm	Brush Up Your Shakespeare	Edie Windsor SAGE Center
6:15-7:15pm	Cercle Francophone	Edie Windsor SAGE Center

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**Saturday, May 21, 2022-** Sign-up for programs online by

\*Registration required

10:30-11:15am	Introduction to Pilates w/Frederick	Edie Windsor SAGE Center
12pm-5pm	Pride Festival @Snug Harbor	Pride Center of SI
2pm-4pm	Saturday Afternoon Classics Separate Tables (1958)	SAGE Center Bronx

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**Sunday, May 22, 2022 -** Sign-up for programs online by

\*Registration required

11am-12:30pm	Healthy Mature Reflecting	Edie Windsor SAGE Center
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**If you are interested in attending these programs, please sign up by**

[clicking here](#)