

**SAGE Centers Virtual and Telephone-based Programs
Week of Monday, May 17, 2021 – Sunday, May 23, 2021**

Please note: SAGE programming is for registered DFTA participants aged 60 or above, living in New York City. If you are over 60 years old **and** not a registered participant at a SAGE senior center, please contact us at info@sageusa.org for a registration form. If you are a SAGE Center member, please sign-up for a program by

Monday, May 17, 2021

[clicking here](#)

10:15am-12:45pm	Opera Club	Edie Windsor SAGE Center
11-12:30pm	MoMA Art Making Workshop Series (Full)	SAGE Center Bronx
12-1pm	Tai Chi w/ Jana	Edie Windsor SAGE Center
2-3pm	Let's Gab	Edie Windsor SAGE Center
2-3pm	Book Club (Full)	SAGE-GRIOT
2-3:30pm	Meditative Art	SAGE Center Harlem
2-3pm	Mind, Body and Soul (Full)	SAGE Center Bronx
2-4pm	Monday Movie Matinee: Marry Harry (2020)	SAGE Center Bronx
2-3pm	Dance Exercise w/ Simone	Edie Windsor SAGE Center
3-4pm	L Group (Full)	SAGE Center Bronx
3-5pm	Vamos Hablar - Spanish Speaking only (full)	SAGE Center Bronx
3:15-4:15pm	*Spanish 201 (full)	Edie Windsor SAGE Center
3:30-5pm	Invisible Disabilities	Edie Windsor SAGE Center
3:30-4:30pm	Modern Art History (change of day to Monday this week only)	Edie Windsor SAGE Center
4:30-6:00pm	Parlor Games w/ Stonewall	SAGE-GRIOT
4:30-6pm	Meditation w/ Madhu	Edie Windsor SAGE Center
5-6:30pm	HIV Long-Term Survivor Group (full)	Edie Windsor SAGE Center
6-7:30pm	Monday HIV Group (full)	Edie Windsor SAGE Center
6:15-7:45pm	*Caregiving Support Group (full)	SAGE Care Management
6:30-8pm	*Trans Women's Group	Edie Windsor SAGE Center



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10-11am	Coffee Talk: A Morning Chat Group	SAGE Center Bronx
10-11	CityParks Seniors Fitness Yoga (Online - Spring 2021)	SAGE Center Harlem
11-12pm	Meditative Art	SAGE Center Bronx
11-12:30pm	All Aboard Broadway with Maxine Chorus	SAGE Center Stonewall
12:30-2pm	By the Decade: LGBT Art & Culture	SAGE Center Stonewall
12:30-1:30pm	Feldenkrais w/ Frederick	Edie Windsor SAGE Center
1:30-3pm	MoMA Art Making Workshop Series (Full)	SAGE Center Bronx
1-5pm	Benefits w/ Rain	Edie Windsor SAGE Center
2-3pm	Ella's Cooking Corner	SAGE Center Harlem
2-3pm	Spanish Intermediate	SAGE-GRIOT
3-4pm	The Rainbow Connection	SAGE Pride Center of SI
3-4:30pm	Creative Writing w/ Lujira	Edie Windsor SAGE Center
4pm-6pm	Intergenerational LGBTQ+ Learning Session	SAGE Pride Center of SI
4-5pm	Gentle Yoga w/ Yukari	Edie Windsor SAGE Center
4-5pm	Trending Tuesdays	SAGE Center Harlem
4-5:30pm	Stonewall House Tenants Social Club	SAGE Center Stonewall
5:30-7pm	POSE Season 3 Episode 2	SAGE Center Stonewall
6-7:30pm	Tuesday Women's Discussion Group	Edie Windsor SAGE Center



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Wednesday, May 19, 2021 - Sign-up for programs online by

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10-11am	Golden Rainbow	SAGE Pride Center of SI
10-10:45am	Wednesday Morning Meditation with Rafaela	SAGE Center Harlem
10:30-11:30am	Caribbean Movement w/ Kendra	SAGE-GRIOT
11am-12pm	Beginners' Spanish	SAGE Pride Center of SI
11:30am-1pm	Mixed Media Group	Edie Windsor SAGE Center
12pm-1pm	Tai Chi with Connie	SAGE Pride Center of SI
12-1pm	Creative Community Exercise w/ Susan	Edie Windsor SAGE Center
12-1pm	Wednesday Shorts - Marked	SAGE Center Harlem
1-2pm	Warning Signs of Elder Abuse	Edie Windsor SAGE Center
1pm-2pm	Healthy Aging for Your Brain and Body- Alzheimer's Association Webinar	SAGE Pride Center of SI
1-2pm	Jazzercise- a fusion of exercise	SAGE Center Bronx
1-2pm	Neuropathy Virtual Workshop	SAGE-GRIOT
1:30 – 2:30pm	Spanish 101	SAGE-GRIOT
1:30-3pm	Yoga & Meditation w/Yitzy	Edie Windsor SAGE Center
2-3:30pm	Meditative Art	SAGE Center Harlem
2-3pm	Men's Sexual Health	SAGE-GRIOT
2-4pm	Vamos Hablar - Spanish Speaking only (Full)	SAGE Center Bronx
3-5pm	*New York Writer's Coalition Workshop (full)	Edie Windsor SAGE Center
4-5pm	Black Lives Matter Advocacy Group	SAGE Center Stonewall
4-5pm	Artful Observation NMAAH	SAGE-GRIOT

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4-6pm	Black Cinema Wednesday- Set It Off	SAGE Center Harlem
5-6pm	Theological Reflection	SAGE Center Harlem
5:30-6:30pm	Circle of Support with Zen Center	SAGE Center Stonewall
6-7pm	Wave Ahead/SAGE Puerto Rico's Club de Libro (Spanish speaking only)	SAGE Center Bronx
6-7:30pm	Wednesday HIV Group (full)	Edie Windsor SAGE Center
6-8pm	Dinner and a Movie: French Exit (2021)	SAGE Center Bronx
8-9pm	Women, Femmes, and Them LGBTQ+ Social	SAGE Center Stonewall

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Thursday, May 20, 2021 - Sign-up for programs online by

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10:45-11:45am	ASL 101-American Sign Language (full)	SAGE-GRIOT and SAGE Center Bronx
11-12:30pm	MoMA Primetime Art making Series (Full)	SAGE Center Bronx
11-12pm	Spirit of African Dance w/Niambi	SAGE Center Harlem
12-1pm	Gyrokinesis w/ Natalie	Edie Windsor SAGE Center
12-1pm	LGBT Discussion Group (Full)	SAGE Center Bronx
1-2pm	Dancing with Derrick (exercise and dance class)	SAGE Center Bronx
1-2pm	Women's Group	SAGE Center Harlem
1-2:30pm	Pen to Power: Playwriting Group	SAGE Center Stonewall
1:30-2:30pm	75+ Mixed Gender Group	Edie Windsor SAGE Center
2-3pm	Scams Targeted at Older Adults	Edie Windsor SAGE Center
2-3pm	Reminiscence Group	SAGE Center Harlem
3-5pm	A Matter of Balance (full)	Edie Windsor SAGE Center
3-4pm	Spanish 102	SAGE Center Bronx



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3-4:30pm	Print It: Stamping & Carving Printmaking Process * -(closed class)	SAGE Center Harlem
3-4pm	Women’s Group -Mind, Body & Soul Discussion	SAGE-GRIOT
3pm-3:45pm	Nutrition I with Jennilyn	SAGE Pride Center of SI
3-4:30pm	Stonewall Center Book Club “The Secret By Rhonda Byrne”	SAGE Center Stonewall
3:30-5pm	*Women's Dialogue (full)	Edie Windsor SAGE Center
3:45pm-4:30pm	Nutrition II with Jennilyn	SAGE Pride Center of SI
4-5pm	Grief and Loss in the Time of COVID	Edie Windsor SAGE Center
4-6pm	Soul of Song- Miles Davis: The Birth of the Cool	SAGE Center Harlem
5-7pm	Intergenerational Social Writing Party with The Generations Project	Edie Windsor SAGE Center
5-6pm	Intergenerational Foodie Watch Party	SAGE Pride Center of SI
6:15-7:45pm	Men's Discussion	Edie Windsor SAGE Center
6pm-7pm	Transgender Community Social with Tanya	SAGE Center Stonewall
6-8pm	Thursday Night Encore Presentation: Nomadland (2021)	SAGE Center Bronx
7pm-8pm	Resilience Building & Self Care for Transgender Community	SAGE Center Stonewall
8-9:30pm	Paris is Burning Watch party	SAGE Center Stonewall

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Friday, May 21, 2021 - Sign-up for programs online by

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11am-12pm	Men's Group	SAGE Center Bronx
11am-12pm	CityParks Seniors Fitness Yoga (Online - Spring 2021)	SAGE Center Harlem
11:30am-1pm	Drawing Group	Edie Windsor SAGE Center
11:30am-1:30pm	Brunch Movie Watch Party- Monster	SAGE Center Harlem
11:30am-12:30pm	Meditative Art	SAGE-GRIOT
12-1:30pm	Lunchtime with Chef Wilson- Nutrition Cooking Class	SAGE Center Bronx and SAGE Center Stonewall
12pm-12:45pm	Gentle Exercises	SAGE Pride Center of SI
1-2:30pm	The Study of Arts and Crafts	SAGE Center Stonewall
1-2pm	*Spanish 101 (full)	Edie Windsor SAGE Center
1-3pm	Grace and Frankie Watch Party	SAGE Pride Center of SI
2-3pm	Afro Brazilian Dance w/ Maria	Edie Windsor SAGE Center
2-3pm	SAGEVets	Edie Windsor SAGE Center
2-3pm	America's Burning: A discussion on inequality, oppression, and social injustice through the lens of the current BLM movement.	SAGE Center Bronx
2-3pm	Motown Soul R&B Virtual Concert	SAGE-GRIOT
2-4pm	Daughter's of the Dust (1991) Watch Party	SAGE Center Stonewall
3-4pm	*Spanish 301 (full)	Edie Windsor SAGE Center
3:15-4:15pm	Feldenkrais w/ Frederick	Edie Windsor SAGE Center
3-4:30pm	Women's History Group	SAGE Center Stonewall
3:30 -5:30pm	Pride – Everywhere – Documentary Screening Bringing Pride In	SAGE-GRIOT



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4-5pm	TGIF Chair Dancing	SAGE Center Stonewall
4-6pm	Latino Gay Men’s Group	SAGe Center Bronx
4-6pm	Men's Group	SAGE Center Harlem
4:30-6pm	Brush Up Your Shakespeare	Edie Windsor SAGE Center
5-6:30pm	Friday Night Virtual Bingo	SAGE Center Stonewall
6pm-7pm	Community Comedy- Hannah Gadsby’s “Douglas”	SAGE Pride Center of SI
6:15-7:15pm	Cercle Francophone: 21 mai - QDL : Balzac (né le 20 mai)	Edie Windsor SAGE Center

Saturday, May 22, 2021 - Sign-up for programs online by

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12-1pm	Making Gay History Podcast	SAGE Pride Center of SI
1pm-2pm	“Rotten” Watch Party	SAGE Pride Center of SI
6-8:30pm	Conversations on Culture with Frederick: Marilyn Maye: Broadway, The Maye Way (2021)	SAGE Center Bronx

Sunday, May 23, 2021 - Sign-up for programs online by

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1-2:30pm	Healthy Mature Reflecting	Edie Windsor SAGE Center
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If you are interested in attending these programs, please sign up by

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